



## COVID-19

### How to proceed if a pupil's self-test is positive

The coronavirus SARS-CoV-2 has spread all over the world at great speed. In many cases the infection, known as COVID-19, is accompanied by mild symptoms similar to those of a common cold with a cough, fever, muscle and limb pains and occasionally rhinitis. Another typical symptom is the loss of one's sense of smell or taste. Some people, however, never develop symptoms ("asymptomatic course"). On the other hand, the number of patients with severe symptoms remains high. Certain groups of persons, particularly persons with severe pre-existing health conditions who have not been vaccinated, are more vulnerable to this risk. They need our protection in particular. It is essential to prevent infections and break chains of infection. Self-tests taken at school contribute greatly towards achieving this aim.

#### What happens next?

The following applies to pupils who receive a positive result of a self-test for coronavirus: they may not take part in any more lessons but must self-isolate immediately and reduce contact with other people as far as possible, because there is a great probability that they are highly contagious. The way home should be as free of contact with other persons as possible; as a rule, parents or guardians will pick up their child from school.

The school will inform the health authority about the positive test result. The health authority will then guide the next steps and order the performance of a PCR test to confirm the result of the self-test.

If the result of the PCR test is negative, the pupil may return to school immediately. If the test result is positive, isolation must be continued and the health authority will inform the family on how to proceed – including how to best organise this time with children.

#### For more information about COVID-19:

**Coronavirus helpline of the state government**

**089 / 122 220**

**www.bayern.de:** "Coronavirus – at a glance"

**www.stmgp.bayern.de/coronavirus**, the information page of the Bavarian State Ministry of Health and Care

**We wish you all the  
best for your health!**

Information valid as of:  
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#### Important facts on conduct and hygiene

##### ▶ *On the way to the PCR test:*

The PCR test is the most reliable method for diagnosing a coronavirus infection. That is why it is carried out to verify the result of the self-test. It is important to encounter as few people as possible on the way to the test. An FFP2 mask should be worn everywhere else but at home.

- ▶ *Should the pupil's health deteriorate or should other medical help be needed,* please call your general practitioner or paediatrician, the emergency service of the Bavarian Association of Statutory Health Insurance Physicians (Kassenärztliche Vereinigung Bayerns) on **116 117** or the emergency doctor, if it is urgent. In your phone call, be sure to point out that the self-test was positive.

#### Important hygiene rules

##### ▶ *Cough and sneeze with caution*

Please keep as much distance as possible, turn away from other people and cough or sneeze into the crook of your arm or a disposable handkerchief which you then immediately dispose of in a sealable rubbish bag.

##### ▶ *Hand hygiene*

To prevent infections, washing your hands regularly and thoroughly with soap and water for at least 20 to 30 seconds also helps, especially

- after blowing your nose, sneezing or coughing,
- before preparing food,
- before eating,
- after going to the toilet,
- whenever your hands are visibly dirty,
- before and after any contact with other persons,
- above all, after any contact with a person carrying the disease, or with that person's direct surroundings.

You can use alcohol-based hand disinfectants that are gentle to the skin if there is no visible dirt. The disinfectant should be labelled as "limited virucidal activity", "limited virucidal activity PLUS" or "virucidal activity".